

KIKIT BASS

BME ADDICTION SUPPORT SERVICE

Latest
News

Engaging Diverse Communities Into Recovery

Community

Recovery

Employment

Mutual Aid

Health
Support

In This Issue.....

Our work within the community

Healthy lifestyles and Wellbeing

Mentoring Support for Young People

New Mutual Aid Support Groups

Volunteering Opportunities

What people say about us



Connect

Be Active

Keep Learning

Take Notice

Give

Drug & Alcohol Support

KIKIT Pathways to Recovery CIC is a BME specialist community based health and social care enterprise, working with individuals, families and communities that are affected by drugs and alcohol. Our Projects and services are developed and designed to meet the needs of hard to reach and marginalised communities. We use an integrated and culturally competent approach, which offers a diverse range of services designed to maximise transformative recovery. We support individuals to take personal responsibility so that they may achieve freedom from addiction and become productive individuals within their communities.

KIKIT delivers a specialist culturally sensitive service as part of Reach Out Recovery, provided by CRI, a health and social care charity.

Reach Out Recovery provides treatment and recovery services to support anyone experiencing difficulties with drugs and/or alcohol in a range of local community settings across Birmingham.



Public Health Consultations

As part of the Birmingham Public Health re-design of services KIKIT Pathways to Recovery were commissioned to engage BME communities so that they can have their say in the changes that are made within Birmingham. We also hope that taking part in the consultation will mean that more people will become aware of the services available to them.

KIKIT consulted on healthy lifestyles, sexual health and substance misuse service re-design. The report of the findings can be found on the Public Health Website.

Max Vaughan - Substance Misuse Commissioning Manager Birmingham City Council

“My experience of KIKIT is that they deliver high quality services to often very hard to reach individuals in the city. These individuals include class ‘A’ drug users with complex social, medical and criminal justice problems. KIKIT provide easy access services delivered in localities and as an organisation are able to address the wide range of issues that service users often present.”

Some of Our Success Stories.....

“I’m really happy”

“My name is Niaz and I had an addiction, I was referred to KIKIT and it was very useful coming here, they supported me and my family. Now I'm drug free and I'm really happy.”



“I have a happy family now”

“I was introduced to Mohammed from the KIKIT Project when I was a heroin addict. KIKIT got me through this, I am fine now and completely clean. I’m very grateful to God first of all and then to the KIKIT project, if it wasn't for them I don't think I would be in this position. They also looked after my mother and wife really well and I have a happy family now. I now own my own business and hope to employ youngsters to see them do well in the community.”

“I am really grateful to KIKIT”

“I came from Yorkshire to Birmingham when I walked into KIKIT. I really needed help to get off drugs and into Employment. KIKIT helped me get clean and get a job in a supermarket. With ongoing support I was able to get a long term job at Birmingham Airport. I am really grateful to KIKIT.”



“Thank you so much”

“My name is Herve, I came to the UK from France with big problems with Drugs. KIKIT Project helped me. I'm very happy now, thank you so much.”



“KIKIT has turned my life around”

“My name is Raees, I'm originally from Bradford, I was an addict and I tried to get away from the problem by leaving Bradford. I came to Birmingham only to end up in the same circles. I met a worker from KIKIT by chance through a friend and they have turned my life around. I didn't have a job, I didn't have any money, didn't have a place to stay. Now through KIKIT, I'm married, I have a child, got a car and job with one of the biggest companies in Birmingham. Thank you to the KIKIT for sorting out a place to stay, support to get off drugs and finally help me get a job. Today I am ready to help others. “



Above : Me telling my story at a KIKIT community event.

If you would like to access our service for help and support, you can pop into our drop in centre Monday to Friday 12pm - 4pm (no appointment needed) OR you can give us a call on (0121) 448 3883.

Safer Communities

Drug Related Offending

In attempts to fund expensive drug habits, some people commit crimes. Some people get involved in more serious crime such as gang involvement and drug dealing, some even turn to prostitution. We work with Birmingham Community Safety Partnership, Reach Out Recovery, West Midlands Police and other specialist services to provide an integrated support service in order to reduce drug related offending.

Mentoring Programme

KIKIT Pathways to Recovery Mentoring Project offers help and support to young people that are at risk of gang involvement, anti-social behaviour, Child sexual exploitation, substance misuse, extremism and grooming. Each young person is assigned a mentor who develops a personalised holistic mentoring support plan. We have supported 42 young people in the last 12 months as part of our intense mentoring programme.



A recent success story from this project is of a young person that had got into the wrong crowd and found himself getting involved in anti social behaviour and offending. Through intensive mentoring, he is now enrolled on the Princes Trust Team Programme and recently received an award at the Balsall Heath Forum Young Achievers Awards.

Pathwayz Project

KIKIT is commissioned by Birmingham City Council for the KIKIT Pathwayz project. As part of this project we hold satellite drop in provision within Mosques and community centres across Birmingham, safeguarding vulnerable individuals. We also help and support Mosques in developing referral pathways and safeguarding processes. To enable this, we provide training to Imams so they are able to deliver interventions within their establishments. In addition to this we have started to develop a community safeguarding panel which will provide a referral route for vulnerable people in the community.



Above : KIKIT are invited by the home office to present to the prime minister David Cameron, our successful Pathwayz project which has engaged 560 people in 6 months, 112 of these receiving support for substance misuse. 80 people also received interventions for low levels of extremism.



KIKIT Pathways to Recovery has mentored 42 young people preventing them from crime, substance misuse, gang activity and antisocial behaviour



Working with Birmingham City Council, West Midlands Police and third sector organisations in developing an integrated community partnership.

Chief Superintendent Richard Moore says:

"I really enjoyed my time volunteering at KIKIT, the service is a vital part of the community and works very closely with the local Police teams helping to reduce drug and alcohol related offending and supporting individuals to get the right help and support they need to address their issues."





Drug Testing and Support for Princes Trust Team Members

Princes Trust Teams based at Acock's Green Police Station work in partnership with KIKIT Pathways to Recovery for addiction support alongside their employment support in order to change their lives. The teams also receive drug testing in order to maximise their chances of gaining employment with employers such as Jaguar Land Rover.

As part of their team programme, the team members carry out a community project. Team 154 chose KIKIT Pathways to Recovery for their project and carried out a full refurbishment, including a room extension, a new kitchen, new doors and a new carpet as well as a fresh coat of paint.

As a thank you, KIKIT held a presentation day where awards were given to the team including a plaque marking the refurbishment. **The awards were presented by Chief Executive of Birmingham City Council Mark Rogers with the attendance of Superintendent Richard Moore, Mashuq Ally and Police Officers.**



Employment Support

KIKIT offer all clients employment support as part of their care plan, to help them make the most of their recovery journey. Our drop in centre now has an IT suite for the use of our clients. This enables individuals to create CV's and carry out job searches with the help of KIKIT staff. We also offer a weekly job club.



KIKIT supported 49 service users into employment & training between February & May 2015



Amin's Story

After beating addiction, Amin wanted to maximise his success by gaining employment. With the help of the KIKIT team he was able to carry out job searches in the local area as he was finding this difficult after his recent move from Bradford to Birmingham. Amin now works within Birmingham Airport and is enjoying his role.

My life changed at KIKIT

"Before I started attending KIKIT my life was turned upside down, I was in and out of gangs. I was selling all types of drugs and being a menace to society. I have experienced a lot of things over the years such as near death experiences, losing family and friends either due to death, prison or disowned.

However since being referred to KIKIT I have had confidence in speaking to the mentors about my life, thoughts and also opinions. Also having being on the Princes Trust course I have a lot of motivation from KIKIT and I am proud to say I have found some happiness with my life because I know my future is going to be great for me. KIKIT was a new place for me where I didn't think I'd meet new friends but I am glad to say that they have supported me all the way through my course and I am looking to start a job at Auto scan in a month's time."



Above : Me meeting David Cameron with KIKIT and the Princes Trust.

“PC Stuart Toogood says: KIKIT has been and continues to be a fantastic partner to our B’Ham East Police/Princes Trust Teams – always willing to support our team members tackle their drug issues, which in turn plays a big part in them progressing into employment post team - moreover, KIKIT refer people to our programme. A partnership not just in name but in practice that is going from strength to strength”





Specialist Khat Workshops and Training

KIKIT Pathways to Recovery provides training and workshops around Khat to professionals and the local community. We have also been providing specialist support for Khat users.

We work in partnership with Somali and Yemeni specialist community organisations to raise awareness about support available and the harm Khat causes.

We have also been working closely with West Midlands Police to educate the community on the law surrounding Khat since it was banned in the UK in 2014.



Superintendent Richard Moore Volunteers at KIKIT

Chief Superintendent Richard Moore volunteered with KIKIT Pathways to Recovery and spent the morning with service manager Mohammed Ashfaq and the KIKIT team. Together they attended a workshop that was organised by KIKIT to raise awareness around Khat within the Somali community.

At KIKIT, we are highly appreciative of the hard work and effort our volunteers put into changing lives on a daily basis. To continue doing this we need more volunteers to reach out to those who need support around their addiction. If you are interested in volunteering at an event or at our drop in centre just like Chief Superintendent Richard Moore - contact us!

Community

Barriers to Recovery Drama Production

The KIKIT team and service users developed a short drama production to demonstrate the barriers BME communities face when trying to access support for addiction. The audience were consulted on the play and were asked to provide feedback. Some of the barriers highlighted in the play were honour, religion, culture, shame, embarrassment, language and not knowing where to get help.



Community Workshops

We are currently carrying out drug awareness and harm minimisation workshops within BME communities across Birmingham. The workshops have been delivered at venues such as doctors surgeries, Mosques, Churches, colleges, parks and religious festivals. If you would like to book a workshop please call - (0121) 448 3883.

Recent Visits

Sir Albert Bore visited the KIKIT drop in centre along with Cabinet Member for health - Councillor John Cotton. During his visit speeches were given by West Midlands Police and from members of the public whose lives have been positively affected by the work of the KIKIT Pathways to Recovery service.

KIKIT was also visited by the Director of Birmingham City Council Mark Rogers, Head of Equalities & Social Cohesion Mashuq Ally and Cabinet member for Inclusion & Community Safety James McKay.

Visits from American and Chinese Embassies

The KIKIT service was visited by Shaarik Zafar (Secretary of State Representative) and his colleagues from the U.S Embassy. Great opportunities in the near future, and we looking forward to an exchange visit looking at sharing good practice.

The Chinese Embassy visited KIKIT to get more information about the model we use in engaging hard to reach communities and to share good practice.





Mutual Aid

KIKIT Pathways to Recovery hold culturally sensitive drug & alcohol support groups at both the KIKIT Drop in Centre and at Scala House. These groups are open to anyone who feels they would benefit from Mutual Aid support groups to help them on the road to recovery.

KIKIT Drop In Centre, 153 Stratford Road, Sparkbrook, B11 1RD

BME Support Group - Every Thursday 5.00 - 6.30pm

Islamic Faith Based Group - Last Friday of every Month 12-1.30pm

Women's Support Group - Every Friday 2.00 - 3.30pm

Scala House, Holloway Circus, Birmingham, B1 1EQ

BME Support Group - First Thursday of every Month 4.30-5.30pm

Islamic Faith Based Group - First Thursday of Every Month 5.30-6.30pm

**For more information please call (0121) 448 3883 or
email info@kikitproject.org**

Health & Wellbeing

We are working in partnership with Active Parks to provide FREE sports sessions for KIKIT services users and the community, including women only sessions and Sunday football .

We have football goals, tennis and badminton sets available for hire! Call 0121 448 3883 for more details.

Weekly Sunday Football
Every Sunday 2.00—4.00pm
Farm Park, Sparkbrook

FREE Women Only Sports Sessions
Every Tuesday 9.30 - 10.30am
Farm Park, Sparkbrook

active parks
birmingham

For more information visit
www.parklives.com

Walking Cities



We have been working in partnership with Living Streets - Walking Cities to encourage both our clients and members of the local community, to become more active by getting involved in more physical activities. KIKIT Pathways to Recovery and Sampson Road Residents Association were both presented awards by Health Minister Jane Ellison for their contribution.

Free Gym Membership for KIKIT Pathways to Recovery Clients

KIKIT Pathways to Recovery work in partnership with 24/7 Gym to provide free gym membership for individuals recovering from addiction.

Service user comment: "I feel my life has improved and my mental status too. I am living a life free from drugs (Khat) and enjoying my time with family and attending gym regularly to improve my health."



New Drop In Sessions at Sparkbrook Health Centre

KIKIT Pathways to Recovery now have an office in Sparkbrook Health and Community Centre. This will enable Doctors at the surgery to refer patients straight into the service if needed. Birmingham City Council Housing Support as well as other support services are also based in the centre making it easier to work together to support clients with multiple needs. The office will run as a drop in service as well as appointment based. We will also soon have a health clinic in partnership with CRI Reach Out Recovery .



In the last 12 months we have supported 537 people with drug and alcohol issues

BASS is a KIKIT Pathways to Recovery Project

Open Access Drop In Centre:

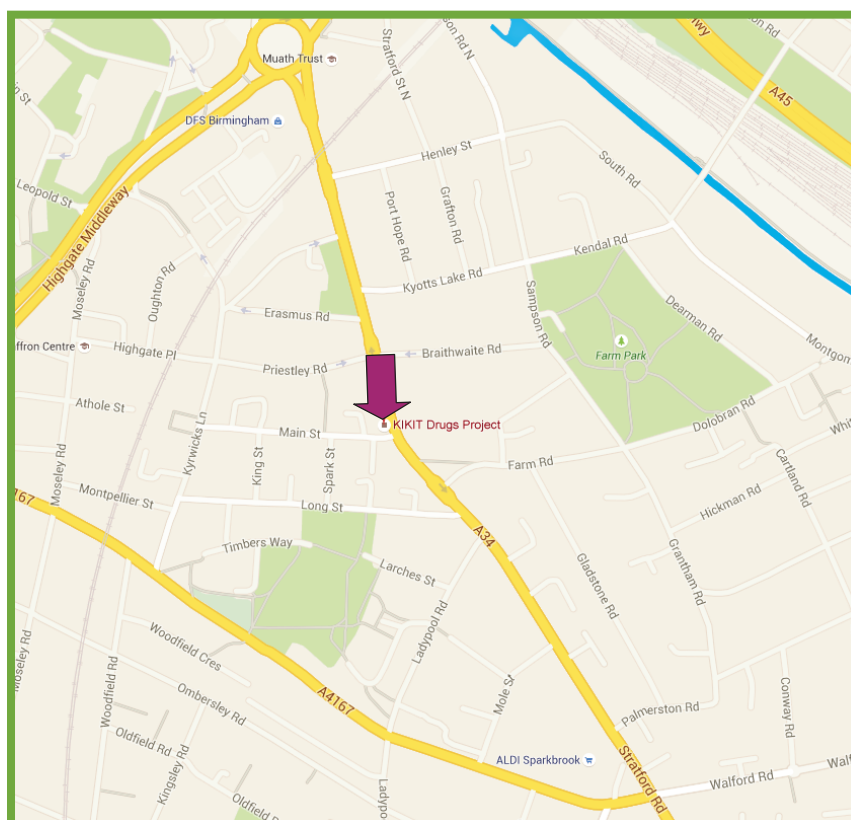
KIKIT Pathways to Recovery

153 Stratford Road

Sparkbrook

Birmingham B11 1RD

Open Monday to Friday 12-4pm



Tel : (0121) 448 3883

Email : info@kikitproject.org

www.kikitproject.org